



Newborn

Session Guide

Thank you so much for trusting me to take the very first professional photos of your precious baby! I feel so privileged that you chose me to capture this important time.

There is nothing quite so special as a brand new baby. I look forward to helping you document this moment in time for you to enjoy for years to come.

I can't wait to meet your family, plus one!

Thank you



When Baby Arrives

Once baby has made his/her arrival, I ask that you contact me as soon as possible to schedule your newborn session either via email or phone/text. The best time to schedule your newborn session is while baby is between 4-12 days new, as baby is generally the sleepest and most cooperative during these first two weeks of life. If you are being induced or have a scheduled c-section, please let me know the date and we can schedule your session accordingly.



Before Your Session

On the day of your session, follow your baby's routine as normal. You may wish to keep baby up for an hour prior by giving them a nice relaxing bath, but if you feel this will make them over tired, please let them sleep. You know them best.

If you live less than a 40 minute drive to the studio, please feed baby until they are nice and full, and let them fall into a deep sleep in the car. If you live further away, I will have you feed them when you arrive. I know brand new babies can take a long time to feed, so don't rush them in order to get here in time. Let them finish and just send me a message letting me know you're running late.



What to Expect

Please allow up to 3 hours for your newborn session. This means baby will most likely need to be fed during the session. Please plan on breastfeeding baby or have some bottles ready to go. Don't be surprised if they decide they want to be fed more often than usual.

For the comfort of baby, the studio's temperature is at a comfortable 27-29 degrees, which helps baby stay nice and warm during the session.



If photographing older siblings, I will aim to shoot the sibling and family photos first, so one parent can take the older sibling/s home or to the park while the other stays with baby for the remainder of the session.

For very young siblings, please be aware that though every effort will be given to capture these images, sometimes they will not cooperate and it is best not to upset them further, or risk baby.



What to Wear

Family portraits are taken on a light cream background. Light, neutral clothing such as whites, creams, pastels etc as well as navy photograph best on this colour. Try to avoid busy patterns or stripes as they take the focus away from you and baby. Fitted tops work best and are most flattering on all shapes and sizes in photographs. Mum, please have your nails neat with no or neutral polish.





Please bring solid colour shirts for boys (preferably with no logos) and either a shirt or solid colour dress for girls in more neutral colors like white, navy, light pastels, etc that compliment what you are wearing if you are also having family shots. Please have baby dressed in clothing that is easy to remove, to avoid disturbing them.





Props

I have a wide variety of props and blankets for the session, you don't need to provide anything. All of my props and blankets are washable and "baby proof," so please do not worry one bit if baby has an accident during your session (I'm used to it!).

I also have a huge assortment of hats, headbands, bonnets, etc to incorporate during the session. If you would like to request a specific prop or set up, or if you wish to bring along your own headband or hat, please let me know prior. I will try my very best to incorporate them, but this isn't guaranteed as I will be guided by the baby during the session.

Please Note: Baby's safety is #1 throughout the entire session. If I am using a prop that needs additional spotting, I will ask you to assist as I capture those images.

Reschedules

Very rarely do I need to schedule a reshoot, however, if baby is having a difficult time during the session, a reshoot may be scheduled to my next available session. For baby boys who are being circumcised, please schedule their session prior to the procedure or at least 72 hours post surgery to allow time to heal.

If I am sick, I will contact you to reschedule or refer you to another photographer. I don't want to risk being sick around your brand new baby. If you or your family are sick, I ask that you please let me know ASAP so we can organise a new session date.





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