

MATERNITY SESSION

# Session Guide



# What to Wear

There is a range of maternity gowns made specifically for maternity photography, as well as draping fabric and beautiful floral crowns in studio for your use. Please bring nude coloured underwear and a nude strapless bra with a sweetheart neckline for use under the gowns. If you would like to be photographed in lingerie, please bring this along with you as well.

If your partner or child/ren will be joining you for a portion of your session, I recommend bringing a nice dress or jeans and a shirt/singlet for these photos. When picking out your outfits, please remember that loud prints and colours tend to distract from portraits, so I recommend wearing solid colour pieces in soft colours and accessorising with jewellery. You are welcome to utilise the gowns in studio for family photos if you wish.

Professional hair and make up is included in your session. Please have your hair and face clean, and have neat nails with no bright polish.



# Fine Art Nude Portraits

Please let me know prior to the session if you would include fine art nude portraits into your session. You don't have to be completely nude for the photos, you can wear a nude coloured g-string which I will then edit out, if it makes you feel more comfortable. In preparation for these portraits, be sure to exfoliate and moisturise your skin.





# Partner & Children

Co-ordinating your partner's and child/ren's outfits can feel very overwhelming. Here are a few tips to help with the planning process:

- Pick what you will wear FIRST. The most important thing is for you to feel comfortable and beautiful in your outfit/s.
- Outfits don't need to "match" but rather co-ordinate in colours.
- Solid colour polos, striped or plaid shirts that co-ordinate with your dress/es with jeans, slacks or shorts work best. If your partner is in a plaid or striped shirt, you should be in solid.
- Children should be dressed in basic colours. Please avoid visible logos and graphics.





## Questions?

If you have any questions, please do not hesitate to email, text or phone. I am happy to help you plan for your session.

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